

Every day at school we practise running for the school cross country. We always practise at the end of the day. We have to run two laps around the back field. I get the stitch and it feels really sore. We are going to do it in Week 6, early June. We will have to run 1.4 kilometres.

By Angus

My group was the last group to run, we did two laps. I stopped a few times. My goal is to be in the top five.

By Eli

We are practising the cross country at school every day and we are doing it in groups. My goal is to not stop the whole way around the whole track.

By Aidan

Our Cross Country Training Stories by Room 3

My class is doing cross country training around the back field. Every time I do it I'm puffed out. I got the stitch in my hip yesterday, it was sore and it takes a while for it to go away. My goal is to go the whole way without stopping in the middle.

By Keva-Lace

This term my class is doing cross country at Rabbit Island. I am so excited, it's going to be so fun. We are running four and a half laps or 1.4 kilometres. My goal is to not stop.

By Poppy

I'm excited because I like cross country. Last year I came fourth. My Mum and Dad were proud with me. They were so, so impressed that they gave me a chocolate milkshake. Yum!

By Abi H.

This term we are going to be doing cross country in June at Rabbit Island. We have to run 1.4 kilometres on grass and sand. I will feel exhausted afterward.

By Abigail F.

My favourite part is the sound of people calling, "Go Amelia." It makes me go sprinting. The grass and the feel of sand under my feet. I am speeding. I look left, trees. I look right, trees. I see the finish line.

By Amelia

This term we are doing cross country. We need to be fast. I did it last year, I came last place but this year I am faster. I won't come last place.

By Miles

Cross country is coming up, I'm excited. We've been practising and my sister joins in. Last year when it was our turn my heart was thumping. I came fourth. This year I'm more speedy than last year in my speedy shoes. I could run 30 kilometres!

By Gracie

This term we are doing cross country on our field. We have to run four times around compared to the length of the race that we have to run but we're not allowed to do any short cuts. If we do short cuts we get disqualified (I think). I am so excited because last year I came in fifth. Last year I would have come fourth if only I hadn't tripped on a root. My goal is to have fun and that's what it's all about.

By Micah